

# Dr. Julia Overstreet

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## **Re: Richard Werbelow**

To Whom It May Concern,

I would like to take this opportunity to send my highest recommendations for high risk foot care services to be provided by Richard Werbelow. I had the pleasure of working with him in my advanced training courses. These are a mix of didactic and hands-on classes which provided extensive experience in the following:

1. Recognizing high risk foot conditions such as vascular, neurologic and biomechanic pathologies;
2. Understanding appropriate clinical referral pathways to assure that the patients receive any medical care which may be necessary based on the physical exam findings;
3. Extensive hands-on practice debriding (trimming) thickened, misshapen toenails and calluses;
4. Training in the evaluation and procedures to provide the most appropriate care;
5. Appropriate infection control protocols including instrument disinfection, prevention of cross contamination, lesion cleansing and bandaging, patient and provider safety;
6. The importance of patient and caregiver education about any pathologies or issues discovered during the exam and treatment.

Richard performed extremely well in all areas of the training. He demonstrated knowledge of physical exam findings and performed all hands-on nail and callus debridement (trimming) with great judgment and skill. His patient interaction skills were also excellent. He had good rapport with all of his patients and effectively communicated with them and educated them during the visits.

I strongly believe that he would be a great asset in any setting requiring safe and medically appropriate toenail and callus care for all patients. And he is particularly qualified to provide this care to seniors with high risk foot conditions such as those common with diabetes or peripheral vascular disease. Please feel free to contact me directly if I can answer any other questions about him training and skills. I know that he will be a great asset to your patients and your team.

Sincerely,

*Dr. Julia*

**Dr. Julia Overstreet, DPM, FAPWCA**  
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